

ONE-HANDED PATTERNS

Begin each exercise slowly, taking care to strike each drum in the proper playing zone. Once you've mastered each pattern, then speed it up. These exercises will help you gain a fluid motion around the drums. Focus on fluidity and proper technique.

1

R R R R L L L L R R R R L L L L R R R R L L L L

2

R R R R L L L L R R R R L L L L R R R R L L L L

3

R R R R L L L L R R R R L L L L R R R R L L L L

4

R R R R L L L L R R R R L L L L R R R R L L L L

5

R R R R R R R R L L L L L L L L R R R R R R R R L L L L L L L L R R R R R R R R L L L L L L L L

6

R R R R R R R R L L L L L L L L R R R R R R R R L L L L L L L L R R R R R R R R L L L L L L L L

7

R R R R R R R R L L L L L L L L R R R R R R R R L L L L L L L L R R R R R R R R L L L L L L L L

8

R R R R R R R R L L L L L L L L R R R R R R R R L L L L L L L L R R R R R R R R L L L L L L L L

9

R R R R R R R R L L L L L L L L R R R R R R R R L L L L L L L L R R R R R R R R L L L L L L L L